

# PROTON PUMP INHIBITORS

omeprazole, lansoprazole, pantoprazole

**Other names:** Dr Reddy's Omeprazole®, Losec®, Omezol®  
Solox®, Dr Reddy's Pantoprazole®



**Important note:** The following information is intended to add to, not replace, the knowledge and judgment of your doctor, pharmacist or other health care professional.

## Why you are taking this medicine

Proton pump inhibitors are also called PPIs. These work by inhibiting the release of gastric acid from the stomach lining.

Proton pump inhibitors are used in conditions caused by too much gastric acid secretion. This can include:

- gastro-oesophageal reflux disease (GORD)
- dyspepsia
- peptic ulcers
- it can also be used in conjunction with some medicines such as anti-inflammatories to protect against gastric (stomach) side effects.

## When to take this medicine

This medicine is usually taken once a day, in the morning. Swallow the capsules or tablets whole with half a glass of water, 30 minutes before food. Do not crush or chew them.

The omeprazole capsules may be opened and the contents mixed with a small amount of either yoghurt or fruit juice or apple sauce and must be taken within 30 minutes of mixing. The pellets should not be chewed or crushed.

**DO NOT STOP** taking this medicine without the doctor's permission.

## If you miss a dose

Take your dose as soon as possible except when it is close to the time for your next dose. If it is almost time for the next dose, skip the missed dose and return to your regular dosing schedule. You should not take two doses at the same time.

## Side Effects

Unfortunately as well as having good effects, most medicines have some effects on your body that are unwanted. These are called *side effects*.

Call your doctor **immediately** if you have any of these side effects:

- severe skin rash
- fever or sore throat
- visual (eye) disturbances
- unusual bleeding or bruising
- tingling in the hands and feet
- muscle cramps, joint and leg pain, muscle weakness
- trouble breathing
- chest pain, fast heart beat

Tell your doctor or pharmacist if any of these side effects are of a concern to you:

- dizziness
- headache
- insomnia (unable to sleep)
- nausea
- diarrhoea
- constipation

The list of side effects is **not** complete. Tell your doctor or pharmacist if any side effect is of a concern to you.

### **Other Medicines**

Tell your doctor or pharmacist if you are taking any other medicine including herbal or complementary products and medicines you can buy without a prescription.

PPIs (omeprazole, lansoprazole and pantoprazole) have been known to increase the effects of warfarin (extra monitoring of your blood is required).

### **Storage**

Keep all medicines out of reach of children.

**Read this leaflet and discuss any questions you have about your medicines with your doctor or pharmacist.**