

Children's medication information leaflet

PHOSPHATE SUPPLEMENT FOR OSTEOPENIA

Other names: Phosphate Sandoz®



Important note: The following information is intended to add to, not replace, the knowledge and judgment of your doctor, pharmacist or other health care professional.

Why is your child taking this medicine?

Osteopenia of prematurity is common in low birth weight premature babies. They are born with low bone density and low bone strength and this puts them at risk of developing fractures or rickets. This condition is treated with nutritional supplements to promote bone growth. These include vitamin D (Vitadol C), calcium or phosphate mineral supplements.

Your baby has been prescribed a phosphate supplement. To give the dose you will need to make a solution from Phosphate Sandoz Effervescent tablets.

To prepare the phosphate solution

In order to give your baby the prescribed dose of phosphate supplement, it is prepared in the following way:

1. Take **ONE** Phosphate Sandoz tablet and add 15mL of water.
2. When the tablet has dissolved add extra water to make the solution up to a 25mL in volume.
3. The strength of this solution is phosphate 0.65 mmol/mL

Directions

1. Give _____ mL of this solution _____ time(s) per day
2. Give the doses at [time(s)]: _____; _____; _____; _____; _____

Do not give at the same time of the day as your child's calcium supplements

The phosphate solution may be kept in the fridge for **24 hours** and then throw away the leftover solution.

Make up a fresh solution each day

Read this leaflet and discuss any questions you have about your medicines with your doctor or pharmacist.