

## FAMILY EMERGENCY PLAN

Work through the checklist with all members of your household. Keep the Plan close to hand and in a convenient place at home, in your desk draw at work, or next to the emergency advice page in your Yellow Pages.	
<b>Name:</b>	<b>Home Phone:</b>
<b>Address:</b>	
<b>Work Phone (Mum):</b>	<b>Mobile Phone (Mum):</b>
<b>Work Phone (Dad):</b>	<b>Mobile Phone (Dad):</b>
<b>Community Assessment Centre (CAC) Phone:</b>	
<b>Location of CBAC:</b>	
1. In a Pandemic situation we will: <ul style="list-style-type: none"> <li>• Remain in Doors.</li> <li>• Observe Hand Hygiene.</li> <li>• Observe Cough etiquette.</li> <li>• Observe 1 metre separation.</li> <li>• Conserve Food and Water supplies.</li> <li>• Turn on the Emergency Radio.</li> <li>• Be aware of Flu like symptoms.</li> </ul>	2. The person responsible for collecting the children from school in an emergency is:  <b>Contact Phone:</b>
3. If we are required to go to the CBAC or GP how do we get there?	4. Who do we contact if we require more food or other essentials?
5. Who is to look after the children if the Schools close?	6. What is the contact number of the local Pharmacy?
7. Our Neighbours	8. Do we have enough of the following items to last at least 3 weeks? <ul style="list-style-type: none"> <li>• Water.</li> <li>• Soap.</li> <li>• Canned or dried food.</li> <li>• Pet supplies.</li> <li>• Baby food/supplies.</li> <li>• Waste disposal bags.</li> <li>• Batteries (Radio &amp; Torch).</li> <li>• Essential Medicines.</li> <li>• Tissues.</li> <li>• Hand cleansing materials.</li> <li>• Face masks.</li> <li>• Fuel (If winter).</li> </ul>
<b>Local Radio Station Frequency:</b>	<b>Contact Numbers:</b> <b>Police.</b> <b>Civil Defence:</b>

Pandemic Influenza packs are available at: [www.thnz.co.nz](http://www.thnz.co.nz)