

BE PREPARED

Disasters can strike at any time and often without warning. Know what to do before you have to do it.

At Home

Develop a household emergency plan which includes:

- Where to shelter in an earthquake, flood or storm.
- Who is responsible for checking essential items in your Emergency Survival Kit.
- How to turn off gas, water and electricity at the mains.
- How to maintain contact with each other during an emergency.
- How to contact your local civil defence organisation for assistance during an emergency.

Your Getaway Kit

Everyone should have a small bag for a Getaway Kit, ready for evacuation. Most of the items are part of your Emergency Survival Kit. Other items include:

➤ FAMILY DOCUMENTS

- Birth/marriage certificates
- Drivers' licences/passports
- Family photos
- Insurance policies

➤ PERSONAL HYGIENE ITEMS

- Towels/soap & toothbrushes
- A change of clothes

Emergency Survival Kit

If you prefer to keep your Emergency Survival Kit items in the house for everyday use, make sure you know where to find them when an emergency occurs.

➤ FOOD AND WATER – ENOUGH FOR 3 DAYS

- Canned or dried food
- A can opener
- A primus or BBQ to cook on
- Bottled water (3 litres per person per day)

Check and renew the food and water every 12 months.

➤ **EMERGENCY ITEMS**

- First Aid Kit and essential medicines
- Spare toilet paper and plastic rubbish bags for your emergency toilet
- Pet supplies
- Waterproof torches and spare batteries
- Radio and spare batteries

Check the batteries every three months.

➤ **SUPPLIES FOR BABIES AND SMALL CHILDREN**

- Food and drink
- Change of clothing
- Favourite toy or activity

➤ **SPECIAL SUPPLIES FOR THOSE WITH DISABILITIES**

- Hearing aids
- Mobility aids
- Glasses

➤ **EMERGENCY CLOTHING**

- Wind proof and rainproof
- Sun hats
- Blankets or sleeping bags
- Strong shoes for outdoors

Put all items, especially blankets and clothing, into leak proof plastic bags.